

Wine & Unwind Series Returns for Spring 2017 at The Spa at Four Seasons Resort Scottsdale at Troon North

Relax with inspiring yoga session, followed by wine

January 12, 2017, Scottsdale, U.S.A.



Indulge in a healthier happy hour this spring with the return of the **Wine & Unwind series** at [The Spa at Four Seasons Resort Scottsdale at Troon North](#). Each engagement begins with a yoga flow class for all levels, set to the tune of rhythmic guitar music, followed by a glass of red or white wine.

“Spring is the perfect time to take advantage of Scottsdale’s beautiful weather with an outdoor yoga class and al fresco glass of wine,” says Spa Director Lia Rowland. “What better way to head into the weekend energised, and clear the body and mind after a busy work week?”

The spring 2017 dates are as follows:

- Friday, March 31, 2017
- Friday, April 14, 2017
- Friday, May 26, 2017

Attendees will be treated to incredible views of the Valley on the Resort's outdoor lawn while local guitarist Alex Hristov provides live music blending traditional flamenco and modern world music during the hour-long yoga practice. After the yoga session, mingle with friends over a glass of red or white wine, provided complimentary to all attendees.

Each class begins at 4:00 pm at a cost of USD 20 per person, and is open to both Resort and local guests. Local guests are encouraged to bring their own yoga mats. All guests should check in at The Spa upon arrival.

To sign up call The Spa at 480 513 5145.

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