**Four Seasons Hotel Hong Kong Launches Bundle of Joy Package, a Babymoon Holiday Celebrating Pregnancy and a New Beginning**

**June 10, 2019**,  *Hong Kong, China*

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[Four Seasons Hotel Hong Kong](https://www.fourseasons.com/hongkong/) debuts a the [Bundle of Joy package](https://www.fourseasons.com/hongkong/offers/bundle-of-joy/) where expectant parents enjoy a pampering break before the baby arrives – a romantic holiday where couples anticipate the future and reconnect with each other before achieving another milestone in life.

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Offering a range of suites that boasts the Victoria Harbour view and plush beds with three unique mattress toppers and eight pillows to choose from, Four Seasons Hotel Hong Kong not only guarantees a good night’s sleep but is the perfect destination for a babymoon holiday within a cosmopolitan city. Lounge at the inviting infinity pool and enjoy epic gourmet experiences in the Hotel’s three Michelin dining restaurants. The room package includes a prenatal spa treatment attuned to the needs of pregnant ladies, easing any pain on the back, shoulder, neck, lower leg pain along with lymphatic drainage to elevate any discomfort of bloating.

The Bundle of Joy package includes:

* Two nights stay in a luxurious Hotel Suite
* 90 minutes Prenatal Massage
* A Bio Cellulose Face Mask
* A Himalayan salt bath

The struggle is real when it comes to eating healthy while travelling. For mothers-to-be who wish to maintain a balanced diet while on the road, Four Seasons Hotel Hong Kong makes it easy with nutritionist-approved **Well Feeling Menus.** In collaboration with Miles Price, Certified Nutritionist and Functional Medicine specialist at the LIFE Clinic in Hong Kong, the chefs of Four Seasons craft deliciously nutritious dishes based on the following principles:

* Healthy balance of carbohydrates, good fats, proteins, and lots of fruits and vegetables
* Minimising foods that can lead to inflammation and sensitivity, including gluten and dairy
* The ingredients come from a reliably healthy source such as Mayura grass fed beef and organic vegetables from EcoFarm
* Cooking methods maximise nutrition and minimise potential harmful side effects; boiling, steaming, shallow frying, and raw foods are all preferred methods

Taking the philosophy a step further, Price employs the Functional Medicine approach where food is medicine, eliminating highly processed toxic foods and replenishing with wholesome, anti-inflammatory, antioxidant ingredients to fight disease and support longevity.  Well feeling dishes are denoted by a green leaf logo in the menus of all restaurants where Four Seasons chefs assure guests that nutrient-packed food can also be delicious.

The Bundle of Joy package starts at HKD 21,600, subject to 10 percent service charge.

For reservations, email [reservation.hkg@fourseasons.com](mailto:reservation.hkg@fourseasons.com) or call (852) 3196 8333.

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