**A Tribute to Coconut Paradise**

**July 26, 2017**,  *Koh Samui, Thailand*

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Only introduced to mainstream tourism towards the end of the 20th century**,** Koh Samui was little more than a few fishing hamlets and coconut plantations stitched together by the small indigenous communities that had lived here for centuries. Revealing its secrets slowly but steadily, it has now transformed into a tropical temptation, with hidden treasures for those seeking new discoveries.

Virgin coconut oil isn’t often sold as mainstream wellness product, and even here on Koh Samui, remains a cottage-industry by-product with a steadily growing market. Local families, working under those very coconut trees, remove the fresh pulp and with some simple, cold-press techniques, produce this mildly fragrant, but richly nourishing oil.

While the world of wellness is only now taking notice of the wondrous healing benefits of virgin coconut oil, at [Four Seasons
Resort Koh Samui](http://www.fourseasons.com/kohsamui/), a pioneering spa treatment using this local product brings healing to you in a picturesque tropical landscape.

The [Kala Coconut Massage](http://www.fourseasons.com/kohsamui/spa/signature-massages/), incorporates locally inspired, deep-tissue techniques using *kala* – smoothly finished, half coconut shells – and virgin coconut oil made exclusively on the island for the Resort.

With this signature experience at [Secret Garden Spa](http://www.fourseasons.com/kohsamui/spa/) or [Secret Beach Spa](http://www.fourseasons.com/kohsamui/spa/the_beach_spa/), you will certainly experience first-hand the healing effects and benefits of coconut oil, the traditional way.

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